

PERFORMANCE TABLES

FREESTYLE

	Bronze	Silver	Gold
880yds	16:54.10	14:46.90	16:26.30
440yds	8:09.00	7:07.70	6:28.80
220yds	3:52.00	3:22.90	3:04.50
110yds	1:45.00	1:31.60	1:23.40
55yds	47.30	41.30	37.50
27.5yds0	21.20		
1500m	31:43.40	27:42.80	25:10.70
800m	16:45.30	14:38.20	13:17.90
400m	8:04.70	7:03.50	6:24.70
200m	3:49.90	3:20.80	3:02.40
100m	1:44.30	1:31.00	1:22.80
50m	47.00	41.00	37.20
25m	21.00		

BREASTSTROKE

220YDS	4:43.00	4:07.60	3:45.40
110YDS	2:12.80	1:56.00	1:45.50
55YDS	1:00.70	53.00	48.30
27.5YDS	27.50		
200M	4:40.40	4:05.00	3:42.60
100M	2:12.00	1:55.40	1:44.80
50M	1:00.40	52.70	48.00
25M	27.20		

BACKSTROKE

220YDS	4:13.20	3:41.40	3:21.20
110YDS	1:56.80	1:42.00	1:32.60
55YDS	54.70	47.80	43.30
27.5YDS	24.70		
200M	4:11.10	3:39.40	3:19.80
100M	1:56.00	1:41.40	1:31.00
50M	54.40	47.50	41.80
25M	24.70		

BUTTERFLY

220YDS	4:11.30	3:39.80	3:19.80
110YDS	1:54.50	1:40.00	1:31.00
55YDS	52.70	46.00	41.80
27.5YDS	23.50		
200M	4:09.20	3:37.70	3:17.80
100M	1:53.80	1:39.40	1:30.40
50M	52.40	45.70	41.50
25M	23.20		

INDIVIDUAL MEDLEY

220YDS	4:18.20	3:46.00	3:25.30
110YDS	1:59.50	1:33.70	1:25.30
200M	4:17.20	3:44.60	3:24.10
100M	1:58.60	1:43.60	1:34.10