

CLUB FIXTURE LISTS FOR THE YEAR 2006

This will be posted on the notice board as soon as it is available; copies of which can be obtained from the subscriptions desk on a Friday night

All MMSC members up to 14years, (15+ on selected galas) are automatically entered for the 4's galas – and we expect you to come along as these galas are a good opportunity for you to achieve officially recorded times in the different strokes. All club members are assigned to one of the 4 teams – *Sharks (Blue)* –*Swordfish (Yellow)* –*Sea lions (Green)* and *Stingrays (Red)*. The club always keep brothers and sisters in the same team but others are placed to whichever team is next on the list. There are three 4S galas during the year and in each you will be asked to swim freestyle and another specific stroke over 1 or 2 lengths according to your age group. By the end of the year you will have had an opportunity to swim all of the strokes and should then have officially recorded times for all. The selectors will not normally pick you for a competitive gala without you having these times.

In addition to this, from time to time the club will be holding **Time trial Galas** again for club members only. The purpose of these is to enable swimmers to go for the ASA awards or just a time in a stroke that they haven't swum for a while.

In order to swim in the competitive galas (4s galas excluded) listed in the fixture list the swimmer must fulfil certain requirements: -

- 1) He/She should have recorded an official time in the stroke in which he/she is chosen to swim.
- 2) He/she must be at least 9 years old before the 31st December of that year. (Swimming ages are usually calculated in this way unless the gala states "Age on the Day")

Diddy Galas relate to swimmers between the swimming ages of 9 and 12