

**New for 2006**  
**Squad Swim 21**

The swim 21 squad is for swimmers who have reached their club swimming age of 13 and are primarily for regular members of a Senior A or B team. That does not mean it is a closed shop. Depending on the ability, strength, determination, support for the club, any swimmer reaching the required age may be offered a place in this group.

You will be expected to attend and train at least 3 out of the 4 weekly sessions on offer